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To,

Certificate of Publication

**Dr. B.L. Jain**  
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Ladnu, Nagaur, Rajasthan

Dear Sir,

This is to certify that your paper entitled “अनिद्रा के कारण, परिणाम व उपाय: एक सामान्य अध्ययन” has been published in issue **Vol. 8(2): April 2018** of ‘Asian Journal of Educational Research & Technology / A J E R T’ (ISRA Journal Impact Factor= 2.816, UGC Approval No. 49288).

With best Regards,

*Dr. Mahesh Chandra*

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