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Happiness and Quality of Education

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Abstract

We have never asked ourselves if happiness can be found through things made by the hand or by the mind. Is not sorrow inevitable as long as happiness is not the means and the end itself? Can happiness be found at all? Can it exist in itself? There is happiness only when the search for it ceases. To find out the true meaning of happiness, we must explore the river of self-knowledge. Self-knowledge is not an end in itself. Is there a source to a stream? Every drop of water from the beginning to the end makes the river.

To imagine that we will find happiness at the source is to be mistaken. It is to be found where you are on the river of self-knowledge. This paper deals with the quality education and happiness. Places of happiness are also discussed in this paper. Education is widely seen as enhancing people's lives. It helps people achieve self-fulfilment and realise their potential as contributors to society. It is surprising to discover that more educated people are not happy or even less happy than people with lower levels of education. However, level of education may change the reference group of people against which they assess their 'relative' standing. Education aimed at happiness cannot be achieved by simply teaching about happiness. We come to flourish in important ways through experiencing flourishing. This means cultivating spaces for learning where people can be happy. It also requires the involvement of educators who are happy in what they are doing and are seeking to live life as well as they can.

Keywords: Self-knowledge, education, contributors, society, educators

We are continuously thinking in the direction for achieving a total happiness. But in the World happiness report 2015, India is placed at 117th rank out of 158 countries. It's a disgraceful situation for us. When we look for the roots of any problem we think that education can play a big role for developing awareness among the individuals as well as in society.