# Best Practices successfully implemented by the Institution

# PRACTICE - 1

#### 1. Title of the Practice

"Start-up Grant for Research"

# 2. Objectives of the Practice

- 1. To encourage faculty to undertake Scientific Research.
- 2. To promote and facilitate research publications in the form of articles and books.
- 3. To facilitate the career growth of faculty.
- 4. To associate outside subject experts with institute to achieve the Institute's goals.

#### 3. The Context

To increase the research and publications output of faculty.

### 4. The Practice

- The Institute announces and calls for applications from in-house faculty and also from outside subject experts or practitioners
- Research proposals are submitted by the applicants in prescribed format
- All research proposals are examined and evaluated by external subject experts
- Research proposals are either accepted/rejected/accepted after modification
- The comments of examiners are communicated to applicants
- Modified proposals are called for
- Grant amount decided by the examiners in consultation with VC/Competent Authorsities.
- Grant sanctioning letter dispatched to successful applicants including approved duration of research
- Grant amount provided in two instalments, i.e. 50% each
- Half-Yearly Report has to be submitted by the candidate
- Final Report submitted is evaluated by external subject experts

#### 5. Evidence of Success

<b>Total Projects Sanctioned</b>		Total Projects Submitted		Total Projects Surrendered	
External	Internal	External	Internal	External	Internal
26	28	26	28	0	0

## 6. Problems encountered and Resources Required

- Half-yearly Report and Final Report submission
- Only few reports could be published by Institute
- Sustaining this innovative venture depends upon Institute's internal receipts

#### 1. Title of the Practice

"Financial Aid to the students of the Institute"

# 2. Objectives of the Practice

Many students admitted to the various programmes in the Institute are mostly from the rural areas and a substantial number from economically and socially backward sections. Further the Institute has to promote such students who take admission in the core disciplines of the Institute, namely Jainology and Comparative Religion & Philosophy, Prakrit, Sanskrit, and Nonviolence & Peace.

- To extend financial aid to the students on need-cum-merit basis.
- To promote and support students taking admission in the Post-Graduate departments of Jainology and Comparative Religion & Philosophy, Prakrit and Sanskrit, and Nonviolence & Peace.

#### 3. The Context

The Institute is located in a remote rural belt of Rajasthan, where literacy rates among girls and women particularly is low and it is lower still in higher education. Since the Institute was established apart from promoting research and teaching in Oriental Studies and also in facilitating and empowering women through higher education, the management decided to provide financial assistance to deserving students.

## 4. The Practice

- To fulfil the above stated objectives and goals the Institute since its inception used to sanction freeships to students on need-cum-merit basis.
- Particularly in the case of free-ship to meritorious students the candidate has to first apply for such free-ship but must have scored at least 75% marks in the previous examination. This policy is reviewed from time-to-time and the criteria is changed as per the existing conditions/needs.
- Students from financially weak background are required to submit proof of income from the concerned government agency.
- All the students enrolled in the PG departments of Jainology and Comparative Religion & Philosophy, Prakrit and Sanskrit, and Nonviolence & Peace are totally exempted from course fees and hostel fees.
- All the students enrolled in the PG departments of Jainology and Comparative Religion & Philosophy, Prakrit and Sanskrit, except Nonviolence & Peace are also provided with an exemption of mess charges or provided Rs. 2500/- per month in lieu of meal facility.
- Students from SC, ST and Minority categories were also exempted from total course fee for one year to mark the Silver Jubilee celebrations of the Institute.
- Besides, those students belonging to the department of Jainology and Comparative Religion & Philosophy who secure 85% or above marks overall for the whole programe are rewarded with an additional amount of Rs. 25,000/- per annum to promote excellence in education in this field.

# 5. Evidence of Success

Name of the Programme	Type of Free- ship/Scholarship/ Stipend	Exemption / Amount	
Comparative Religion & Philosophy	Scholarship	2500/- p.m.	
23	Course Fee	Exempted	
	Mess Fee	2500/- p.m.	
Philosophy	Hostel Fees	Exempted	
M.Phil. in Prakrit and Jain Agama	Scholarship	2500/- p.m.	
M.A. in Prakrit	Course Fee	Exempted	
	Stipend	2000/- p.m.	
M.A. in Sanskrit	Course Fee	Exempted	
	Stipend	1500/- p.m.	
M.Phil. in Nonviolence and Peace	Scholarship	2500/- p.m.	
M.A. in Nonviolence and Peace	Course Fee	Exempted	
	Stipend	2000/- p.m.	
M.A. in Yoga and Science of Living	Stipend	1500/- p.m.	
Bachelor of Arts (B.A.)	Stipend and free-ship	Course fee Rs 100/- (in year 20 for ST/SC/Minority) Stipend - According to need a merit	
Bachelor of Commerce (B.Com.)	Stipend and free-ship	Course fee Rs 100/- (in year 2015 for ST/SC/Minority) Stipend - According to need and merit	
Bachelor of Science (B.Sc.)	Stipend and free-ship	Course fee Rs 100/- (in year 20 for ST/SC/Minority) Stipend - According to need a merit	

# Detail of Scholarship/Stipend disbursed (2014-15 to 2018-19)

Programme	Year						
	2014-15	2015-16	2016-17	2017-18	2018-19		
UG, PG, Ph.D.	118	318	159	290	271		

# 6. Problems encountered and Resources Required

#### 1. Title of the Practice

"Yoga, Meditation and Prayer for Good Health and Harmony"

# 2. Objectives of the Practice

- 1. Welfare of the staff and students and that of community members of adjoining areas
- 2. Physical fitness, stress free life and mental health
- 3. To promote healthy work culture resulting in quality out-put of the academic and administrative staff

#### 3. The Context

Training in Yoga and Meditation is the hallmark of the Institute. There is a PG Department of Yoga and Science of Living, having trained faculty with research work of high calibre, with proper pre and post testing mechanism. The components of these techniques are planned for the overall and complete development of the persons related with this Institute.

#### 4. The Practice

- Yoga/prayer/meditation are designed scientifically and an orientation programme of these are the regular feature at the time of new admission and the students are well oriented for the new ethic-based life style.
- Every working day begins with Prayer and Meditation session.

## 5. Evidence of Success

- Stress-free work environment
- Harmony in staff relationship
- Regularity in reporting in the office and zero absenteeism

## 6. Problems encountered and Resources Required

#### 1. Title of the Practice

"A Unique and Active Association of Nuns and Monks"

# 2. Objectives of the Practice

- 1. To associate Samanis (nuns) and monks for promoting ethical and value-based life-style among students and staff.
- 2. To benefit the Institute from the expertise of nuns and monks in the field of Jainology and Oriental Studies.

#### 3. The Context

Since, this Institute was envisioned by the great saint of the era, Acharya Tulsi, having a strong belief in literate and empowered women, a new category of Samani (nuns) was created by him, who are provided scope to undertaken further studies in higher education with a focus on Jainology and Religious Studies. They devote their full – time for academic development of this Institute.

#### 4. The Practice

- The Samanis and monks contribute to the academic growth of the Institute by involving themselves on regular basis in teaching, research, and ethical & moral education.
- Conduct of Preksha Meditation camps
- Many are actively involved in minor and major research projects, submit proposals to funding agencies like UGC, ICSSR, ICPR, ICHR etc. and have successfully completed these research projects
- They participate in National and International fora and propagate the high ideals enshrined in Jain philosophy and other oriental studies

#### **5. Evidence of Success**

- Have successfully contributed by taking regular classes at both UG and PG level
- Have contributed to the academic achievements of the Institute by publishing regularly in the form of research articles and books
- Have participated actively in National and International seminars, conferences, workshops, training programmes, discussions, and debates.
- Have played active role in leading administrative responsibilities and assignments in the capacity of Heads of Departments, Principal of AKKM (Constituent College), Head of Research Center (BMIRC), Head of the Institute as Vice-Chancellor (Dr. Samani Mangal Prajna; Samani Charitra Prajna)
- Helped in creating stress-free work environment
- Have contributed to counselling students and staff both for harmonious professional and family life
- By and large the Institute and the campus has been free of violence, harassment, conflicts, substance abuse, in-fighting among staff and students
- The trained manpower who have passed-out from the Institute have been able to make a mark in the National and International arena by way of Yoga and Meditation Trainers in China, Russia, Japan, Italy, USA, UK, and Europe.

## 6. Problems encountered and Resources Required

#### 1. Title of the Practice

"Students Clubs for Academic and Career Growth and Value Inculcation"

# 2. Objectives of the Practice

- 1. To facilitate and promote a culture of competitiveness and innovation in students
- 2. To generate and sustain students' interest in academics and for overall personality development
- 3. To promote leadership qualities in students
- 4. To gain experience in the organization of programmes/events

#### 3. The Context

The Institute has an avowed objective and goal to promote independence, transparency, proficiency, development of sector specific skills, and ethical and value-based personality.

#### 4. The Practice

- To fulfil the above stated objectives and the overall context in which the Institute functions, the students of the Institute at all levels are motivated to constitute and participate in various clubs with innovative ideas and fulfilment of self-designed objectives
- A total of six Clubs (Vivekananda Club; Mahashraman Club; Sonal Man Singh Club; Aparna Sain; P.V. Sandhu Club; and Mahaprajna Clubs) currently exists, which have been named after luminaries and leaders of the time in their own right
- As and when required, students seek the guidance of their mentors/teachers
- The Institute has allotted Rs. 25,000/- per annum for each club to undertake activities of their choice
- A proposal has to be submitted by each club mentioning the details of activities to be undertaken and the heads of expenditure along with estimated budget
- At the end of each event the respective club submits the statement of expenditure along with necessary receipts/documents
- The activities undertaken are documented in the quarterly newsletter of the Institute titled "Samvahini"

#### 5. Evidence of Success

- Four programmes by 2 Clubs (Vivekanand Club and Mahashraman Club) Clubs have been organized in the past two years since introduction of this scheme.
- News items with colourful photographs have been published in "Samvahini"

# 6. Problems encountered and Resources Required