

Curriculum

**Acharya Mahapragya Collage of Naturopathy and
Yoga**

Bachelors of Naturopathy and yogic sciences

Duration – 4 ½ year + 1 year Internship



"A"Grade by NAAC & "A" Category by MHRD

Jain Vishva Bharati Institute

(Deemed to be University under section 3 of UGC Act, 1956)

Ladnun-341306 (Rajasthan)

Bachelors of Naturopathy and yogic sciences

Duration – 4 ½ year + 1 year Internship

SUBJECT AND TEACHING HOURS

1st Year BNYS (Duration – 1year and 6 months)

S.NO.	Subject	Paper	Theory	Practical	Total Hours
1.	Anatomy	(Paper-I & II)	200	100	360
2.	Physiology	(Paper-I & II)	200	100	300
3.	Philosophy of Nature cure	(Paper-I & II)	200	100	300
4.	Basic Principles of Yoga	1	100	50	240
5.	Biochemistry	1	100	50	240
6.	Sanskrit	1	100	50	240
Total		9	900	450	1680

2nd Year BNYS (Duration – 1 year)

S.NO.	Subject	Paper	Theory	Practical	Total Hours
1.	Pathology	1	100	100	240
2.	Microbiology	1	100	50	180
3.	Yoga Philosophy	1	100	100	180
4.	Chromo & Magneto therapy	1	100	100	180
5.	Community Health & Medicine	1	100	100	240
6.	Forensic Medicine & Toxicology	1	100	100	150
(Total)			600	550	1170

3rd Year BNYS (Duration – 1 year)

S.NO.	Subject	Paper	Theory	Practical	Total Hours
1.	Manipulative Therapy	1	100	100	180
2.	Acupuncture, Acupressure & Reflexology	1	100	100	240
3.	Yoga & Its Applications	1	100	100	180
4.	Naturopathy Diagnosis Conventional Medicine, First Aid & Emergency Medicine)	(I & II)	200	100	240
5.	Psychology & Basic Psychiatry	1	100	50	180
6.	Fasting Therapy, Nutrition & Dietetics	1	100	100	240
(Total)		7	700	550	1260

4th Year BNYS (Duration – 1 year)

S.NO.	Subject	Paper	Theory	Practical	Total Hours
1.	Physical Medicine & Rehabilitation	1	100	100	240
2.	Hydro & Mud Therapy	(I& II)	200	100	240
3.	Obstetrics & Gynecology	1	100	100	180
4.	Yoga therapy	1	100	100	180
5.	Hospital Management, Research, Methodology & Medical Statics	1	100	100	240
6.	Clinical Naturopathy	1	100	100	240
(Total)		7	700	600	1320

Internship – (duration - 1 Year and Dissertation as per allotted topics)